



Treatment Related Outcomes for Patients with Atypical Peyronie's Disease



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Introduction and Objectives

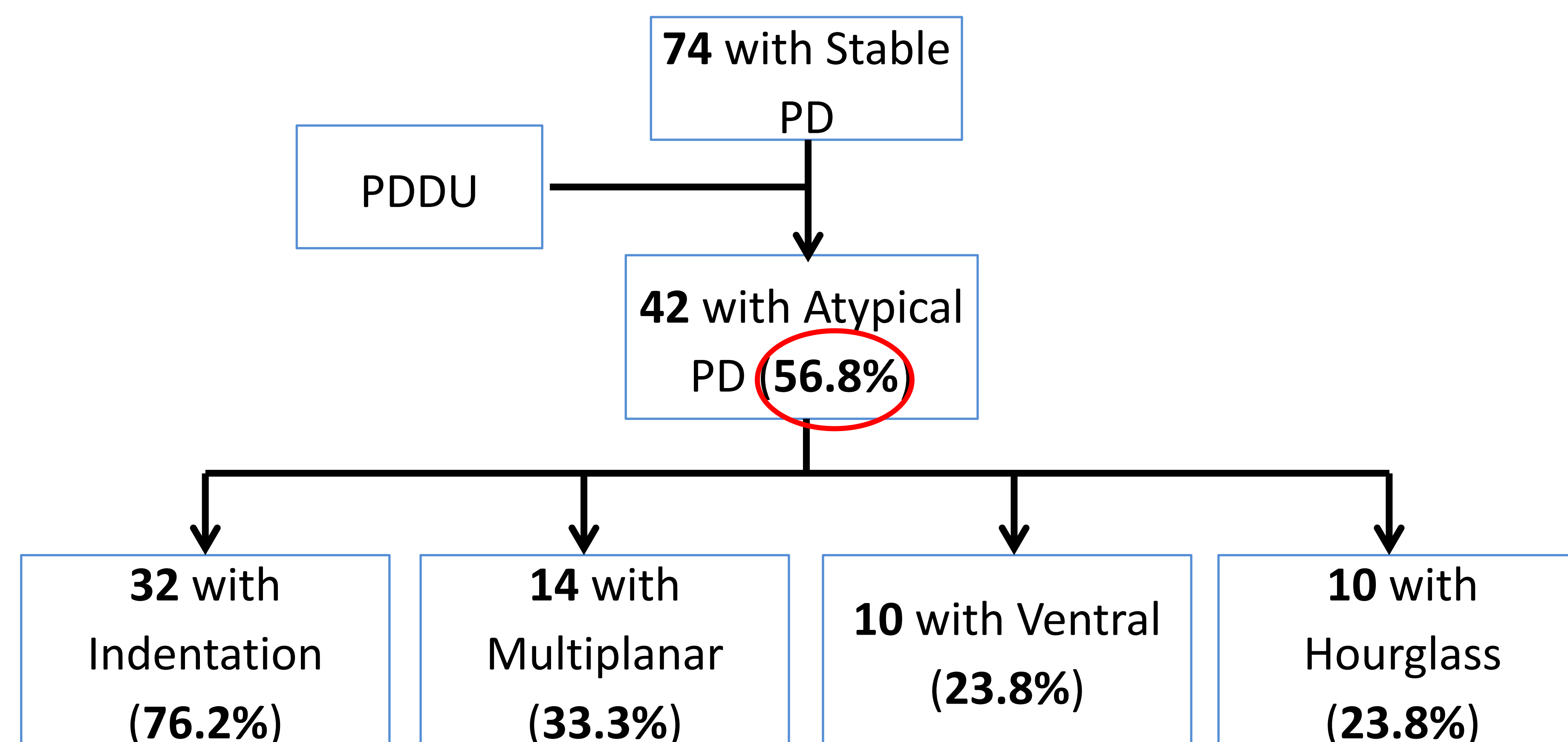
Peyronie's disease (PD) is an acquired condition typically characterized by plaque formation and dorsal/lateral penile curvature. **Atypical PD** is a term used to describe less common PD presentations such as **ventral curvature, multiplanar curvature, penile indentation** and **hourglass deformity**. We sought to assess the outcomes of patients with atypical PD presenting to a men's health clinic.

Materials and Methods

We conducted a retrospective review of charts of men who presented to the clinic with atypical PD between October 2016 and October 2018. Patients were included if:

- 1- considered to be in the stable phase of the disease
- 2- completed a penile duplex Doppler ultrasound (PDDU) prior to any intervention

Results



	Indentation	Multiplanar	Ventral	Hourglass
	N=32	N=14	N=10	N=10
Age	58.9 ± 11.4	55.4 ± 13.9	57.2 ± 11.5	56.3 ± 14.3
DM	5/26 (19.2%)	1/7 (14.3%)	1/5 (20.0%)	1/8 (12.5%)
HTN	15/26 (57.7%)	2/7 (28.6%)	2/5 (40.0%)	5/8 (62.5%)
CVD/PVD	2/26 (7.7%)	1/7 (14.3%)	0/5 (0.0%)	0/8 (0.0%)
BMI	26.8 ± 5.7	27.8 ± 3.1	27.7 ± 2.5	27.6 ± 8.7

	Indentation	Multiplanar	Ventral	Hourglass	Change in curvature	
	N=25	N=9	N=7	N=9	Degree ± SD	Percentage
Number treated						
Initial mean curvature	46.3 ± 15.2	42.1 ± 15.4	40.0 ± 16.3	39.0 ± 15.6		
Treatment, no. (%)						
Xiaflex	18 (72.0%)	7 (77.8%)	5 (71.4%)	7 (77.8%)	-15.8 ± 8.2	33.8 ± 23.9%
PEG	1 (4.0%)	-	-	1 (11.1%)		
Plication	3 (12.0%)	2 (22.2%)	1 (14.3%)	-	-48.3 ± 17.2	90.7 ± 28.1%
IPP	3 (12.0%)	-	1 (14.3%)	1 (11.1%)		

	Subjective improvement of deformity	
	Indentation	Hourglass
Xiaflex	12/13	5/5
PEG	1/1	1/1
Plication	3/3	-
IPP	3/3	1/1

Overall, 31/42 (73.8%) patients opted for treatment. The remaining 11 patients did not pursue treatment, mostly due to insurance coverage issues.

The mean number of Xiaflex injections used was 7.3 ± 2.9.

There was 1 penile fracture in the CCH group which required surgical repair. There were no complications in the surgical group.

Conclusion

- Patients with atypical PD represent a significant proportion of men with PD.
- Surgery represents an excellent option in this group.
- Outcomes with Xiaflex in patients with atypical PD are comparable to those reported in the IMPRESS trials with typical PD.