



The UC Irvine Health Department of Urology offers compassionate and expert care in the treatment and management of pelvic floor disorders. We treat pelvic organ prolapse, stress incontinence, genitourinary fistula abnormalities, and complications from mesh surgery. Our surgeons have extensive experience with treating all transvaginal mesh complications.

We have assembled a strong team with specific skills in the latest in minimally invasive therapies, including robot-assisted laparoscopic surgeries.

**Our goal is to return patients to your practice.**

We are dedicated to partnering with our colleagues in the community while delivering world-class care. You will have access to a referral concierge who

will facilitate every step of the referral process. We ensure that your patients are scheduled in a timely manner, with the goal of returning your patients to your practice upon completion of treatment.

### **Pelvic Floor Disorders** **Pelvic Organ Prolapse**

We perform robot-assisted sacrocolpopexy surgery to treat vaginal vault or uterine prolapse. The goal of this minimally invasive surgery is to relieve prolapse symptoms and complications by restoring the anatomy and function of the pelvic organs. During this procedure, a synthetic mesh is used to secure the connective tissues back to its correct position. While this was considered the “gold standard” for a long time, we now can offer a minimally invasive procedure through a robot-assisted option.

Considerable benefits include less pelvic pain, less scarring, and a smaller amount of mesh used during surgery, with avoidance of transvaginal mesh complications.

Site-specific and compartment-specific repairs are used transvaginally.

### **Stress Incontinence**

Treatment options include:

#### **Sling procedures**

Sling is a minimally invasive treatment option for those patients suffering from

stress urinary incontinence. This procedure, performed transvaginally or percutaneously, involves restoring the urinary anatomy to its proper position by using a sling. Our surgeons have experience with all kinds of slings, including synthetic mid-urethral and biological bladder neck slings.

#### **Bulking agents**

For those patients who do not choose surgical options, we offer an outpatient procedure to treat stress incontinence with sphincteric deficiency. This procedure involves injecting bulking agent material into the tissue surrounding the urethra, increasing the thickness of the urethra and improving the urethra closure.

Our Female Pelvic Medicine Reconstructive Surgery experts use a wide array of diagnostic and therapeutic techniques to treat female pelvic disorders, including mesh removal secondary to complications like erosion, pain or infection. Please call us to learn more.

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**To schedule an appointment, please call**  
**714-292-9716**

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